

## Ohio Behavioral Medicine Description of Services

### Contact information for all 360care supervisors:

**Address:** 151 Orchardview Rd, Ste 1A, Seven Hills, OH 44131

**Phone #:** (844) 779-2433

Any changes to this information will be given to the facility in which you reside and posted on the 360care website.

### 1. Risks and Benefits of Counseling Services

Counseling can have benefits and some risks. It often involves discussing unpleasant aspects of your life, so you may experience uncomfortable feelings like sadness, guilt, or frustration. However, counseling may have many benefits. It can lead to better relationships, solutions to specific problems, significant reductions in feelings of distress, improved coping skills, and a better sense of wellbeing. There are no guarantees regarding what you will experience, but you can maximize your success by working toward your goals between sessions.

### 2. Authorization for Expert Evaluation (aka “Guardianship Evaluation”)

When a person’s mental status appears to have declined, a concerned party may seek guardianship over that individual. An expert evaluation is one step in the process of appointing a guardian. You authorize 360care to conduct an expert evaluation upon the request of the court, your family, your duly appointed legal representative or Power of Attorney, the staff of the facility at which you reside, or any other party who – in the judgment of your provider - has a reasonable basis for making such a request.

Upon completion of any such evaluation, you authorize 360care to release a written report of all findings/recommendations to the requesting party and the presiding court. You grant this authorization with the understanding that such evaluation could be used to give a third-party legal guardianship over you.

If you do not want your counselor to conduct your expert evaluation, you may request a different examiner performing services on behalf of 360care, request an examiner unaffiliated with 360care, or refuse to participate in the evaluation altogether. This authorization shall remain in effect until it is revoked. You have the right to revoke this authorization at any time by sending written notification to 360care at 1200 Kirts Blvd, Suite 200, Troy MI 48084.

### 3. Supervision

When appropriate, counseling services may be delegated to a provider who is highly trained but not independently licensed. Such providers are legally permitted to render mental health care, but only under the supervision of an independently licensed provider. In such a case, the Supervisor will meet with your counselor regularly to discuss your case, retain responsibility for the quality of your care, and submit insurance claims under his/her name. In addition to calling your provider, you may contact the Supervisor to discuss your care at any time. Any counselor or supervisor performing services on behalf of 360care can be reached by calling (844) 779-2433. The following supervisory relationships have been established but are subject to change:

Dr. Krystal Drake (Psychologist), license # P.7548 supervises:  
Elizabeth Cramer, MA

#### **4. Risks & Benefits of Psychiatric Services**

Nurse Practitioners (NPs) and Physician Assistants (PAs) can prescribe psychiatric medications that might help you manage psychiatric problems and improve your quality of life. Risks associated with such medications may include physical, behavioral, cognitive, and emotional side effects. There is also the chance you could experience an allergic reaction to a medication or an interaction amongst multiple medications. Most patients experience no detriment to wellbeing when taking psychiatric medications, but adverse and potentially life-threatening outcomes are possible. To minimize the risk of negative outcomes, you are advised to give your provider a full and accurate medical history. If you experience any adverse effects that might be due to a medication, please alert your provider immediately.

#### **5. Collaborating Physician**

Both NPs and PAs are independently licensed providers in Ohio, meaning they can treat patients without direct supervision. However, they must have a “Collaborating Physician” with whom they can consult on difficult cases. The Collaborating Physician also conducts routine chart reviews to ensure the quality of patient care.

#### **6. Stopping or Pausing Treatment**

You may stop treatment(s) at any time. It is usually best to discuss termination in advance and plan for it accordingly. Your provider may terminate sessions at his/her discretion based upon clinical, financial, or any other considerations.

#### **7. Fees**

For a current fee schedule, please call (844) 779-2433. Only your insurer can tell you what your out-of-pocket costs will be.

#### **8. Confidentiality**

In most situations, healthcare providers can only release information about you if you authorize such release. You hereby acknowledge and agree information may be released under the following circumstances:

- Your Provider(s) may release information regarding your care to your insurer and its contracted billing agency;
- Your Provider(s) must comply with court-issued subpoenas for your records;
- Your Provider(s) must release your private information if the protection of society, or you, is imminently more important than the protection of your right to privacy (e.g., cases of child or elder abuse, suicidal or homicidal intent).
- Your Provider(s) may release information to their attorneys and the presiding Court in the event of a professional liability suit.

**9. Authorization to Release Information**

When providing care to patients in a residential health care facility (e.g., nursing homes, intermediate care centers, and assisted living communities), it is common practice for providers to share patient information with the facility's staff and the patient's family. This is done to coordinate medical and mental health care. Under the terms of this agreement, you authorize 360care to share treatment records with its Business Associates, with the facility where you reside (and its employees), and with your loved ones. Your provider may make such disclosures at his/her discretion.

Your authorization to release information as described shall remain in effect until you revoke it. You may revoke this authorization at any time by sending written notification to 360care at 1200 Kirks Blvd, Suite 200, Troy MI 48084.